

BASEBALL

Catch



Open your _____ inside the glove and spread your fingers to widen the mouth of the glove. Let the ball come to you. Don't poke or stab at it.



Watch the ball as it lands into the pocket of the glove. At this point, you can squeeze the glove closed.



When catching a ball in front of you or above your head you need to point the fingers of your glove _____.



The fingers of the glove should point _____ on a ball that is below the waist.



Point your fingers _____ when catching a ball to the glove side of your body.



Twist your hand with the thumb _____ and the pinkie _____ when catching a ball on the opposite side of your body.

Notice the use of the other _____ to help secure the catch.