



Soccer

Shot



Locate the goalie and aim _____ from that spot.



Build _____ by swinging your leg back before striking the ball.



Strike the ball using the _____ of your foot or ...



... the _____ of your foot.



Transfer all your momentum by continuing your leg swing with a _____ through.

More Tips

To shoot low, lean your body slightly _____ before your shot.

To shoot high, lean your body slightly _____ before your shot.

Sometimes deception is more important than _____.