



Paddle Battle II

Name _____

Number: _____

Period _____

WHEN YOU SEE YOUR PARTNER FINISH THE CHALLENGE, PUT YOUR INITIALS BY THE NUMBER!

1. _____ Scrambled eggs for 30 second count with the whiffle ball (keep the ball moving on the paddle)
2. _____ Pancakes with a whiffleball (get it started and spinning for 30 seconds)
3. _____ Stand on a ~~carpet square~~ ^{Poly Spot} and bounce a balloon on the paddle 12 times
4. _____ Bounce the balloon on the paddle 18 times and move around and over the ~~carpet square~~ ^{Poly Spot}, but not on it
5. _____ I can spell my first name by saying a letter each time the ~~whiffle~~ ^{Whiffle} ball hits the paddle, without a miss
6. _____ I can strike a whiffleball 20 times in a row without leaving my ~~carpet square~~ ^{Poly Spot} or the ball hitting the floor
7. _____ I can dribble the tennis ball sixteen times in a row without a miss
8. _____ I can do ups and downs to 22 with a tennis ball
9. _____ I can do ups and downs 15 multiples up to 7 with a tennis ball
10. _____ I can travel around the ~~foam~~ ^{AREA} and keep the balloon aloft and touch 3 walls
11. _____ I can spell the city that I live in saying one letter each time the shuttle hits the paddle
12. _____ I can strike the whiffle ball 18 times in a row doing flip flops (one side of the paddle and then the other)
13. _____ I can do flip flops 21 times in row while using the ~~shuttle~~ ^{shuttle} tennis ball.
14. _____ I can hit the foam or fleece ball against the wall 13 times in a row without hitting the ground twice
15. _____ I can hit the foam or fleece ball against the targets 9 times without it hitting the ground
16. _____ I can hit the foam or fleece ball against the wall 14 times without leaving the ~~carpet square~~ ^{Poly Spot}
17. _____ My partner and I can hit the whiffle ball back and forth nine times without it hitting the ground twice
18. _____ My partner and I can hit the ball back and forth 11 times without it hitting the ground
19. _____ Get a hula hoop. One partner is the hitter the other the catcher. Hit the whiffle ball so that it lands in the target. Take 3 tries to hit the ball into the hoop, you select the distance! Let your partner have a turn next. On your next turn take a step or two backwards. When you have 8 hits of the target, move on to number 20.
20. _____ Find some another set of partners and play 4 square ~~Friendship~~ ^{Friendship} Rally

